

# Be TechSafe in the Classroom

## *Reducing Exposures to RF Radiation from Wireless Devices*

- All wireless devices (laptops, tablets, smart boards, etc.) should be **TURNED OFF** when an internet connection is not needed.
- Always place wireless devices on a desk or table surface. Students should not use wireless devices on their laps.
- Students should view screens at least 12 inches away from their face.
- Create as much distance as possible between students when they are using wireless devices.



**Important note:** Hardwired networks are best as they increase speed, protect privacy and present no health or safety risks from radiation emitted from wireless devices. If it's not possible to hardwire, ask your IT department to decrease the router power output to as low as possible while still providing good access.

These suggestions are based on information from the World Health Organization's International Agency for Research on Cancer (IARC); The American Academy of Pediatrics; the Journal of the American Medical Association; Microwave News; Environmental Working Group; National Cancer Institute. To read peer-reviewed studies regarding RF radiation and human health, please visit [www.techsafeschools.org/science](http://www.techsafeschools.org/science). For additional copies of this poster please visit our website.



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